



St. Mary's College (Autonomous)

Re-accredited with 'A+' Grade
by NAAC

Thoothukudi, Tamilnadu

CERTIFICATE COURSE OFFERS

A certificate course on

Cookery

For the academic year - 2022-2023



Certificate Course

Aim:

To enhance the students intention of cooking to see that the food undergoes a physical and at times chemical changes and that the end result is edible and acceptable.



Benifits:

- +Enhance cooking skills. Even if you know cooking can still enhance your cooking skills.
- +Get familiarized with your kitchen.
- +Increase cultural awareness.
- +Improve self-confidence.

Certificate Course

Course title: Cookery

Year: 2022 - 2023

S.No	Date
1.	01.09.2022
2.	02.09.2022
3.	05.09.2022
4.	06.09.2022
5.	07.09.2022
6.	08.09.2022
7.	09.09.2022
8.	12.09.2022
9.	13.09.2022
10.	14.09.2022
11.	16.09.2022
12.	06.10.2022
13.	07.10.2022
14.	10.10.2022
15.	11.10.2022

Syllabus

Course title: Cookery

Year: 2022 - 2023

Instructor: Dr. Siluwai Kirubagari Aneeshia

Cooking with fire

1. Chicken Nuggets
2. Fruit Custard
3. Cheese balls
4. Paneer tikka
5. Kara paniyaram
6. Carrot halwa
7. Momos
8. Vegetable cutlet
9. Veg Noodles
10. Sauce
11. Chilli Chicken

Syllabus

Course title: Cookery

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Cooking without fire

12. Vegetable Sandwich
13. Milk Shake
14. Poha Curd Rice
15. Panipoori
16. Chocolate Balls



Grade Sheet

Course title: Cookery

Year: 2022 - 2023

Instructor: Dr. Silwai Kirubagari Aneeshia

ST.MARY'S COLLEGE(Autonomous), THOOTHUKUDI CERTIFICATE COURSE 2022-2023- Cookery (SSC)									
S. No.	Names	Register Number	Department	Theory (20 Marks)	Practical (25 Marks)	Attendance (5 Marks)	Total (50Marks)	Percentage	Grade
1	Rofina.R	USBA17	BBA	19	25	5	49	98	A
2	Swetha.T	USBA21	BBA	17	23	5	45	90	A
3	Anushya Clara.K	USEN01	English	14	22	4	40	80	A
4	Ramya.K	USPS15	Psychology	19	24	3	46	92	A
5	Jenifer.C	USPS06	Psychology	17	22	5	44	88	A
6	Freeda Ruby Judith.R	USPS05	Psychology	17	22	4	45	90	A
7	Jeni Kalpana.R	USCA19	Commerce A	19	24	5	48	96	A
8	Janani.S	USCB11	Commerce B	13	24	5	42	84	A
9	Queen Rose Corera.M	USCB21	Commerce B	16	24	5	45	90	A
10	Santhiya.S	USCB26	Commerce B	17	24	5	46	92	A
11	Sorna Varsha.S	USCB28	Commerce B	18	25	5	48	96	A
12	Ummusalmaal Affrose.M	USCB34	Commerce B	17	25	5	47	94	A
13	Vijayalakshmi.P	USCB35	Commerce B	13	23	5	41	82	A
14	Vishnu Priya.R	USCB37	Commerce B	17	23	5	45	90	A

Attendance Sheet

Course title: Cookery

Year: 2022 - 2023

Instructor: Dr. Silwai Kirubagari Aneeshia

S.No.	Names	1/9	2/9	5/9	6/9	7/9	8/9	9/9	12/9	13/9	14/9	15/9	6/10	7/10	10/10	11/10	
BBA.																	
1.	Rafira .R.	x	x	x	x	x	x	x	P	x	x	x	x				
2.	Swetha .T.	x	x	x	x	x	x	x	P	x	x	x	x	x	x	x	x
English.																	
3.	Anushya Clara .k.	x	x	x	x	x	x	x	x	a	x	a	a	x	x	x	x
Psychology .																	
4.	Ramya .k.	x	x	a	x	x	x	a	x	x	a	x	a	a	x	x	x
5.	Jenifer .C.	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
6.	Kanishka Devi .B.	x	x	a	a	a	a	a	a	a	a	a	a	a	a	a	a
7.	Foeda Ruby Judith .R.	x	x	x	x	x	x	x	a	x	a	a	a	a	a	a	a
B.Com .Sec .A .																	
8.	Jeni kalpana .K.	x	x	x	x	a	x	x	x	x	x	P	x	x	x	x	x
B.com Sec.B.																	
9.	Janani .S.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x
10.	Queen Rose Corera .M.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x
11.	Santhiya .S.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x
12.	Sona Vaasha .S.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x
13.	Ummusalma Afrose .M.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x
14.	Vijaya lakshmi .P.	x	x	x	x	x	x	x	x	x	x	a	x	x	x	x	x
15.	Vishnu Priya .R.	x	x	x	x	x	x	x	x	x	x	P	x	x	x	x	x

Certificate

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ST. MARY'S COLLEGE (AUTONOMOUS), THOOTHUKUDI
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CERTIFICATE COURSE

CERTIFICATE

This is to certify that Ms. RAMYA.K. of I B.Sc PSYCHOLOGY
has actively participated and successfully completed a course on COOKERY
conducted during the academic year
2022 - 2023 with A Grade.

C. Aneesh
Instructor

Lucia Rose
Principal

Report of Certificate Course

*Cookery course was offered as
certificate course*

*For SELF UG students from
September 2022 - October 2022 to
all I UG students (2022-2023)*

*Dr.C Silwai kirubagari Aneeshia
was the instructor. The course was held after
regular college hours from 2:00 pm - 4:00 pm.*

*The students were made to do
many variety of dishes in both
cooking without fire and
cooking with fire.*

*The students were made to write exam
in the end of the programme
and were issued grade levels
According to their Percentage of attendance.
14 students benefited out
of this programme.*

Take away of the course

** Cooking involves important life skills, particularly patience, problem-solving, and creativity.*

** Cooking classes are short courses that aim to provide ideas and hands-on experience in specific areas related to food preparation, food presentation, and food appreciation.*

For further details contact

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(Autonomous), Thoothukudi
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